



Largest Gathering of Living Organ Transplant Donors.



## PARTICIPANT TOOL KIT

We are honored to have you join this monumental Life's Short Live It Living Donor Gathering and we truly appreciate your participation! This is more than an event – it's for living donors like yourself, coming together in numbers and spirit like never before! We are excited for this once-in-a-lifetime opportunity to have the largest gathering of living donors EVER! Each living donor carries a story of courage and love. You gave part of yourself so someone else could live – imagine what a powerful moment it will be when you are surround yourself with others who gave the gift of life.

This toolkit was created to help you find everything you need including the Transplant Games of America Official Press Release and Video, Life's Short Live It Living Donor Gathering Fact Sheet, Outreach and Social Media Tips and video prompts. In addition, we have provided the story of kidney recipient Craig Hostert as the gathering is named in his memory. Craig Hostert was a two-time kidney recipient, cancer warrior, and co-founder of the Life's Short Live It movement with his wife Kathleen. Craig lived each day with gratitude, joy, and determination, inspiring countless others to embrace life fully. Though Craig passed away in 2024, his spirit lives on in this historic gathering.

Please feel free to copy, paste, borrow any of the items in this tool kit to create and share your journey of living donation and your participation in the gathering.

***Thank you for being here.***

***Thank you for being a donor.***

***We can't wait to stand with you.***



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## SPREAD THE WORD

Outreach & Social Media Tips for Your Journey to Denver!

Facebook, Instagram, LinkedIn

- 2 to 3 post per month with a countdown to Denver
- Share your personal story
- Share photos of your story
- Share facts about the power of living donation

Send emails & Information to your Transplant Center

Ask your center to share the Press Release and information to their living donors

Invite your fellow living donors to attend & and join you in Denver

Send messages via social media or text

Invite your friends and family to support your journey by sharing your posts

National Donate Life Month

April 1st – Living Donor Day!

Donate Life Living Donor Day, Wednesday, April 1, 2026 - Donate Life America

Living Donation Facts to Share

What is Living Donation? - <https://donatelife.net/donation/types/living-donation/>

***Encourage other Living Donors to  
join us for this incredible event!***



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### PROMPTS TO CREATE A VIDEO OR POST:

Why are you going to Denver?

What do you wish other donors knew?

What does being with other living donors mean to you?

I'm going because this kind of connection doesn't happen often—and it can't be recreated online.

Some things are better experienced in person.

I'm excited to meet people whose stories I already feel connected to—even before we've met.

That's the power of being a living donor.

Every person who shows up brings their own story, their own reason, their own heart.

That's what makes this gathering special.

Especially when everyone in the room shares something this meaningful.

We spend a lot of time talking about outcomes for recipients.

This gathering centers the donor experience—connection, understanding, and community among people who share a rare path.

I'm looking forward to being there.

Being a living donor isn't a moment—it's a lasting part of who you are.

Next June in Denver, living donors from across the country are coming together to connect, reflect, and be in a space where no explanations are needed.

I'm attending this one because being in the same room with other living donors carries a kind of understanding you can't replicate elsewhere.

### PROMPTS FOR SENDING MESSAGES TO FELLOW LIVING DONORS:

To my fellow living donors—

There's a gathering happening next June in Denver that's focused entirely on us. No explaining, no justifying, just connection.

If you've ever wished you could sit in a room with people who truly understand this part of your life, I hope you'll consider coming.

Living donors deserve spaces made just for them.

Some connections only happen when we show up in person.

Being a living donor stays with you. Community helps.

No explanations required.

Being a living donor can feel isolating at times. That's why I'm looking forward to being in a space with people who truly understand this part of life.

This gathering isn't about recognition—it's about connection. And that's why I'm going.

If you're a living donor and you've ever wished for community, this is one of those rare opportunities.

You don't have to be a public speaker.

You don't have to share your story.

You don't have to do anything except show up as yourself.

That's what makes this gathering special.



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### PROMPTS & IDEAS TO CREATE VIDEO TO POST:

#### **VIDEO Prompt 1: “You Don’t Have to Explain Yourself Here”**

Format: Selfie video, vertical

Length: 30–40 seconds

Tone: Calm, sincere, confident

#### ***SCRIPT (spoken):***

“I’m a living donor, and one thing I didn’t expect after donating was how often I’d have to explain it.

Why I did it.

Whether I was scared.

If I’d do it again.

Coming together with other living donors is different. You don’t have to explain yourself. People already understand.

That’s why I’m going to Denver next June. To be in a space where everyone just gets it.

If you’re a living donor, I hope you’ll come be in that room with us.”

#### ***On-screen text (minimal):***

“Living donors understand living donors.”

“Denver • June 2026”





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### PROMPTS & IDEAS TO CREATE VIDEO TO POST:

#### VIDEO Prompt 2: “This Is for You, Too”

Format: Selfie or seated, quiet background

Length: 25–35 seconds

Tone: Affirming, reassuring

#### SCRIPT (spoken):

“After I donated, I thought, ‘That part of my life is over.’

But being a living donor doesn’t end with surgery. It stays with you.

This gathering isn’t about what you gave—it’s about you. About being seen, supported, and surrounded by people who share this part of your story.

You’ve shown up for others.

This is something you can show up for yourself.”

#### On-screen text:

“A space made for living donors”

“Join us in Denver next June”

#### VIDEO Prompt 3: “Why I’m Traveling for This”

Format: Selfie, casual (car, kitchen, walk)

Length: 20–30 seconds

Tone: Practical, grounded, honest

#### SCRIPT (spoken):

“I don’t travel for just anything.

But I’m making the trip to Denver next June because this doesn’t happen often—being in one place with hundreds of people who’ve made the same decision in their own way.

You can read about it. You can watch videos.

But being there—together—that’s different. If you’re a living donor, I think it’s worth the trip.